

Erika Hernandez Acton, Ph.D.

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School of Management
Academic A Building 310

PUBLICATIONS

*Supervised students in research.

Peer-Reviewed Publications

1. **Hernandez, E**, Hohman, E.E., Ferrante, M.J., Anzman-Frasca, S., Paul, I.M., & Savage, J.S. (Accepted). Toddler dietary patterns from the INSIGHT RCT comparing Responsive Parenting vs. Control: A latent class analysis. *Obesity*.
2. **Hernandez, E.**, Moore, A.M., Rollins, B.Y., Tovar, A. & Savage, J.S. (2023). Sorry parents, children consume high amounts of candy before and after a meal: Within-person comparisons of children's candy intake and associations with temperament and appetite. *Children*, 0(52). <https://doi.org/10.3390/children10010052>
3. Savage, J.S., Moore, A.M., Kling, S.M.R., Marini, M.E, **Hernandez, E**, Franceschelli Hosterman, J., Hassink, S., Paul, I.M., & Bailey-Davis, L. (2022). Primary care and WIC coordination to prevent obesity for infants: A randomized clinical trial. *Childhood Obesity*. <https://doi.org/10.1089/chi.2022.0137>
4. **Hernandez, E.**, Moore, A.M., Rollins, B.Y., Tovar, A., & Savage, J.S. (2022). Sleep SAAF responsive parenting intervention improves mothers' feeding practices: A randomized controlled trial among African American mother-infant dyads. *International Journal of Behavioral Nutrition and Physical Activity*, 19, 129. <https://doi.org/10.1186/s12966-022-01366-1>
5. Lavner, J.A., Savage, J.S., Stansfield, B.K., Beach, S.R.H, Marini, M.E., Smith, J.J., Sperr, M.C., Anderson, T.N., **Hernandez, E.**, Moore, A.M., Caldwell, A.L., & Birch, L.L. (2022). Effects of the Sleep SAAF responsive parenting intervention on rapid infant weight gain: A randomized clinical trial of African American families. *Appetite*, 175, 106080. <https://doi.org/10.1016/j.appet.2022.106080>
- 6.

9. **Hernandez, E.**, Carmichael, K., Kilic, S., & Dunsmore, J.C. (2019). Using linguistic indirectness to examine parent-preschooler reminiscing: Links with emotion regulation and psychosocial adjustment. *Social Development*, 28(4), 761-781.
<https://doi.org/10.1111/sode.12345>
10. **Hernandez, E.**, Smith, C.L., Day, K.L., Neal, A., & Dunsmore, J.C. (2018). Patterns of parental emotion-related discourse and links with children's problem behaviors: A person-centered approach. *Developmental Psychology*, 54(11), 2077-2089.
<https://doi.org/10.1037/dev0000602>

Submitted Peer-Reviewed Publications

1. **Hernandez, E.**, Perez Rivera, M.B., Halgunseth, L.C., & Dunsmore, J.C. (R&R, 4th round). Patterns of Latina mothers' emotion-related beliefs and behaviors: Associations with *consejos* in the family. *Journal of Latinx Psychology*.
2. **Hernandez Acton E.**, Kubinieć, E., Bhargava, S., Tauriello, S., Paul, I.M., Savage, J.S., & Anzman-Frasca, S. (R&R, 1st round). INSIGHT responsive parenting intervention effects on child self-regulation at ages 3 and 6 years. *Developmental Psychology*.
3. Frost, F., Nagano, M., **Hernandez Acton, E.**, & Zane, E.R. (Under Review). An updated framework for indirect request development. *Language Learning*.

GRANT APPLICATIONS & FUNDING

Funded Grants

2022-2029

Early Intervention to Promote Cardiovascular Health of Mothers and Children (ENRICH) (Hernandez, 20%)

Role: Co-Investigator

UG3HL162971; \$22,253 (first 2 years)

Funding Mechanism: National Blood, Lung, and Heart Institute (NHLBI)

Title: "Early Intervention to Promote Cardiovascular Health of Mothers

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7. **Hernandez, E.**, Kilic, S, Dunsmore, J.C., & Carmichael, K. (April, 2017). Using linguistics theory to examine parental indirectness as an emotion socialization strategy. In E. Hernandez (Chair), *New ways to measure discourse: Examining narratives about past events in early childhood, adolescence, and adulthood*. Symposium presented at the biennial meeting of the *Society for Research in Child Development* in Austin, TX.

Poster Conference Presentations

1. Eichner-Seitz, N., **Hernandez, E.**, Master L., Buxton O.M., Savage J.S., & Paul I.M. (Accepted; April 2023). Males engage in greater physical activity at age 6 years in the INSIGHT study. Poster accepted to the Pediatric Academic Societies Meeting in Washington, D.C.
2. Dadzie A., Master L., Hohman E.E., **Hernandez E.**, Tauriello S., Paul I.M., Savage J.S., Anzman-Frasca S., & Buxton O.M (Accepted; June 2023). INSIGHT Study associations between sleep health and child behavior at age 6 years. Poster accepted to the SLEEP Meeting in Indianapolis, IN.
3. Hohman E.E., **Hernandez E.**, Dadzie A., Master L., Anzman-Frasca S., Savage J.S., Buxton O. M., & Paul I. M. INSIGHT responsive parenting intervention and child sleep at age 6 years. (Accepted; June 2023). INSIGHT Study associations between sleep health and child behavior at age 6 years. Poster accepted to the SLEEP Meeting in Indianapolis, IN.
4. Hohman E.E., **Hernandez E.**, Dadzie A., Master L., Anzman-Frasca S., Paul I. M., Savage J.S., & Buxton O.M. (Accepted; June 2023) Greater variability in sleep health is associated with obesogenic appetitive traits in 6-year-olds in the INSIGHT study. Oral presentation accepted to the SLEEP Meeting in Indianapolis, IN.
5. **Hernandez, E.**, Gatzke-Kopp, L.M., Buxton, O.M., Beach, Paul, I.M., & Savage, J.S. (MarcL Ó & Ó è & &

10. *Talley, K., Booker, J.A., **Hernandez, E.**, Zhu, D., & Dunsmore, J.C. (November, 2021). Positive emotions and narrative coherence in reminiscences about grandparents: Application of the broaden-and-build theory. Poster presented at the *National Council on Family Relations Annual Conference* (online).
11. **Hernandez, E.**, Moore, A.M., Marini, M.E., & Savage, J.S. (July, 2021). Child temperament, eating behaviors, and free access intake of candy. Poster presented at the

21. **Hernandez, E.**, Miller-Slough, R.L., & Dunsmore, J.C. (April, 2018). Gender differences in links of adolescents' self-reflective speech content with emotion regulation and internalizing symptoms. Poster presented at the biennial meeting of the *Society for Research on Adolescence* in Minneapolis, MN.
22. Dunsmore, J.C., **Hernandez, E.**, *Blanquiz, G., *Whitmore, S., Frisard, M.I., & Skelton, J.A. (March, 2018). Entity and incremental themes in parent-child weight-related discourse: Associations with treatment adherence for pediatric obesity. Poster presented at the *Society for Personality and Social Psychology* in Atlanta, GA.
23. *Blanquiz, G., *Whitmore, S.C., **Hernandez, E.**, Frisard, M., Skelton, J.A., & Dunsmore, J.C. (March, 2018). Body dissatisfaction is related to children's focus on content versus context in parent-child discussions of favorite meals. Poster presented at the *Society for Personality and Social Psychology* in Atlanta, GA.
24. *Whitmore, S.C., *Blanquiz, G., **Hernandez, E.**, Frisard, M., Skelton, J.A., & Dunsmore, J.C. (March, 2018). Parent-child discourse about healthy habits and child snack choices in community and pediatric obesity treatment-seeking families. Poster presented at the *Society for Personality and Social Psychology* in Atlanta, GA.
25. *Whitmore, S.C., *Blanquiz, G., **Hernandez, E.**, Frisard, M., Skelton, J.A., & Dunsmore, J.C. (July, 2017). Parent-child conversations and children's healthy snack choices. Poster presented at the *Fralin Summer Undergraduate Research Fellowship Conference* in Blacksburg, VA.
26. Acton, B.P., **Hernandez, E.**, Miller-Slough, R.L., Dunsmore, J.C., & Foti, R.J. (April, 2017). Leadership is in the eye of the beholder: Gender differences in children's drawings of leaders and friends. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Austin, TX.
27. Dunsmore, J.C., Frisard, M.I., Skelton, J.A., **Hernandez, E.**, & *Blanquiz, G. (April, 2017). You are not what you eat: Benefits of parent incremental discourse about unhealthy diet and exercise decisions. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Austin, TX.
28. **Hernandez, E.**, Carmichael, K., Satterwhite, E., Ollendick, T., & Dunsmore, J.C. (March, 2017). Emotion socialization in rural Appalachia. Poster presented at *Extreme Appalachia! The Annual Appalachian Studies Association Conference* in Blacksburg, VA.
29. **Hernandez, E.**, Kilic, S., Miller-Slough, R.L., & Dunsmore, J.C. (January, 2017). Preschoolers' social competence is related to emotion regulation style with positive but not negative emotions. Poster presented at the *Society for Personality and Social Psychology* in San Antonio, TX.
30. Brown, D., Dunsmore, J.C., **Hernandez, E.**, Miller-Slough, R.L., Smith, C.L., & Bell, M.A. (September, 2016). Longitudinal effects of mothers' encouragement and discouragement of positive emotions on children's task behavior. Poster presented at the *Annual Biomedical Research Conference for Minority Students* in Tampa, FL.
31. **Hernandez, E.**, Dunsmore, J.C., & Kilic, S. (March, 2016). Did it make you feel bad when you had to sit at the naughty table? The role of parent-child conversations about emotions in preschoolers' emotion regulation. Paper presented at the *Graduate Student Assembly Research Symposium* in Blacksburg, VA.

32. Heck, A., **Hernandez, E.**, & Panneton, R. (October, 2014). Multisensory dynamics as a key component in infants' emotional processing. Poster presented at *Virginia Tech TBMH Open House* in Blacksburg, VA.

Accepted Abstracts of Conferences Cancelled for Pandemic of 2020

1. **Hernandez, E.** & Dunsmore, J.C. (December, 2020). Intergenerational contributions to children's socio-emotional development in Appalachian, Latinx, and African American families. Poster accepted to the special topics meeting of the *Society for Research in Applied Implications of Prejudice and Discrimination* in Rio Grande, PR.
2. **Hernandez, E.** Miller-Slough, R.L., & Dunsmore, J.C. (March, 2020). Elaboration and associative talk in adolescent-parent and adolescent-friend reminiscing conversations. Poster accepted to the biennial meeting of the *Society for Research on Adolescence* in San Diego, CA.

Submitted Abstracts

1. Mastroleo, N.R. Eckardt, R., Acton, B.P., Hansbrough, T.K., **Hernandez Acton, E.**, Ko, Y.H., Reynolds, L.; Scaringi, G., Tsai, C.-Y., Dionne, S.D. (August, 2023). Initial Development of an Alternative Workforce Development Model for Enhancing the Population of Substance Abuse Counselors. Poster abstract submitted to the *Association for Behavioral and Cognitive Therapies*, in Seattle, WA.
2. Hohman, E. E., **Hernandez, E.**, Buxton, O. M., Paul, I. M., Savage, J. S. (March, 2024) Using ecological momentary assessment to measure eating in the absence of hunger in children. Abstract submitted to the *Society for Behavioral Medicine*, in Philadelphia, PA.

PROFESSIONAL AFFILIATIONS

2021-Present The Society for the Study of Ingestive Behavior (SSIB)
2021-Present
2018-2020
2018
2015-2016
2014-Present